

Drug Information Table
Fibrates – gemfibrozil (Lopid)

Therapeutic Use	Administration	
<ul style="list-style-type: none"> • Reduces high levels of plasma triglycerides • Reduces LDL cholesterol (less effectively than statins) 	<ul style="list-style-type: none"> • Available oral use only • Usually taken twice daily, 30 minutes before breakfast and evening meals • Monitor periodic LDL, HDL, triglyceride, and total cholesterol levels for improvement 	
Side/Adverse Effects	Interventions	Patient Instructions
<ul style="list-style-type: none"> • GI symptoms: nausea, vomiting, diarrhea 	<ul style="list-style-type: none"> • Monitor for and report GI symptoms 	<ul style="list-style-type: none"> • Report GI symptoms to provider
<ul style="list-style-type: none"> • Gallstones 	<ul style="list-style-type: none"> • Monitor for and report symptoms of gall bladder disease 	<ul style="list-style-type: none"> • Report new inability to tolerate fried foods, upper abdominal discomfort and bloating to provider
<ul style="list-style-type: none"> • Myopathy (pain in muscles and joints) 	<ul style="list-style-type: none"> • Monitor for and report myopathy • Measure CPK if muscle pain occurs 	<ul style="list-style-type: none"> • Report muscle or joint pain to provider
<ul style="list-style-type: none"> • Liver toxicity 	<ul style="list-style-type: none"> • Monitor liver function tests and report impaired liver function 	<ul style="list-style-type: none"> • Report abdominal pain, jaundice, fatigue to provider
Contraindications	Precautions	Interactions
<ul style="list-style-type: none"> • Gall bladder disease • Liver dysfunction • Severe renal impairment 	<ul style="list-style-type: none"> • Hypothyroidism • Diabetes mellitus • Any renal impairment 	<ul style="list-style-type: none"> • Statin antilipemics greatly increase risk for myopathy • Warfarin with fibrates increases risk for bleeding • Taken with antidiabetic drugs, fibrates increase risk for hypoglycemia